



Goal Setting for Acquired Brain Injury

19th March 2012

The Resource Centre, 356 Holloway Road, London N7 6PA

This is a one day workshop for social workers and case managers who set goals in working with adults who have ABI in hospital or community settings.

The day will be run by Dr Grahame Simpson, Senior Research Fellow, Research Team Leader/ Social Worker and Clinical Specialist at the Brain Injury Rehabilitation Unit (BIRU), Liverpool Hospital Sydney, Australia. Grahame has worked clinically and conducted research in the area of psychosocial adjustment after traumatic brain injury for the past 25 years. He is the member of two editorial boards (Brain Impairment, Australian Social Work), member of the Australian Association of Social Workers National Research Committee and AASW representative for the Australian Rehabilitation Alliance, convened by the Australasian Faculty of Rehabilitation Medicine. He was co-founder of the Australian Social Workers in Brain Injury group (AASW) in 1989 and of the International Network of Social Workers in Acquired Brain Injury in 2006. He was recently co-guest editor of a special issue of the Journal of Head Trauma Rehabilitation on suicide and traumatic brain injury, He has an honorary appointment as Senior Lecturer with the Faculty of Education and Social Work at the University of Sydney. He has published 2 book chapters and 31 articles in peer review journals.

Learning objectives:

1. To understand importance of goal setting in the rehabilitation context
2. To understand different approaches to identifying goals
3. To build on skills writing client-focused goals that address psycho-social needs
4. To build on skills in writing SMART goals that address psycho-social needs
5. To build on skills in evaluating goal outcomes

Programme

- | | |
|---------------|--|
| 10.00 – 10.30 | Importance of Goal Setting in rehabilitation; Theories underlying Goal Setting |
| 10.30 – 11.00 | Tools for identifying Goals; Exercise |
| 11.00 – 11.30 | Setting SMART goals; Goal Setting in the service environment |
| 11.30 – 12.15 | SMART Goal exercise |
| 12.15 – 1.15 | LUNCH |
| 1.15 – 1.45 | Challenges of Setting Social Work (Psychosocial) Goals within SMART paradigm |
| 1.45 – 2.15 | Goal writing Exercise |
| 2.15 – 3.15 | Evaluating goals; Goal evaluation exercise |
| 3.15 – 3.30 | Final questions, workshop evaluation and close. |



Goal Setting for Acquired Brain Injury

19th March 2012

BOOKING FORM

Please note that due to the nature of this event the number of places is restricted. Therefore priority will be given to members of the Brain Injury Social Work Group in the first instance.

Name
Job Title
Organisation
Address
Email
Phone Number

Please enclose payment for £50. Cheques should be made payable to BISWG Ltd. You may also pay directly by BACS transfer into the following account.

Please tick this box if you have arranged a BACS payment. HSBC Sort Code: 404625 Account No.
91438530

Please return the completed for to:

Chloë Hayward
BISWG
PO Box 355
Plymouth
PL3 4WD

The Brain Injury Social Work Group is a registered charity number 1135891 and is registered as a company in England and Wales number 7095017. The registered address of the company is Oakview, Weston-under-Redcastle, Shrewsbury, Shropshire, SY4 5UX